



# JUNIOR COACHING PROGRAMME

## REDHILL LAWN TENNIS CLUB

Coaching sessions are based around Technique, Matches, Intensity and Fun!

Our juniors can play three times per week in a coaching group, social session and competition all for £30 per month

Mini Red, Orange, Green and Yellow ball as we cater from 4 to 18 years old



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# FREQUENTLY ASKED QUESTIONS

## What makes Boom Tennis different?

We have structured coaching plans for all ages and standards of player with clear progressions. We base our sessions on Technical, Tactical, Physical and Mental skills needed to play Tennis. Our Monthly Coaching system means we have lots of time with players and improvement happens fast.

## How much does it cost?

One group per week, a social night and a competition is £30 per month! Two groups per week is £40, Three groups is £50 per month. There's no sign up time and you're welcome to try the first session for free to see if you like it. You must be a member of Redhill Lawn Tennis Club where the fees start at around £25 per year.

## What if I miss a session or we're away on holiday?

You never miss out so if you can't make a session you get to make it up at any point in a session of the same ball colour. We don't cancel in the rain but on the very rare occasion we cancel you get a credit for another group.

## How do the 48 weeks of coaching work?

We always take 2 weeks off at Christmas usually timed with the school holidays then the coach can take 2 weeks worth of holiday during the year at their discretion and we'll give you a months notice when that's coming up.

## How do I pay and can I try before I buy?

Yes! Come down and give us a go to see if we gel. When you do sign up we only deal with Standing Orders or Bank Transfer - Our account number is 34444760, Sort Code 30-96-26. We don't accept cash or cheque. You can pay at any time during the month, whenever suits you.

## Can I book one to one sessions?

Yes of course, speak directly to your coach for their availability.

## The terms and conditions

Your agreement period is on going and can be cancelled at any point with one month's notice. When an agreement is cancelled the space in the group can be taken by another player. Boom Tennis can cancel an agreement at any time without notice period.

Part payment and structured repayments can be made if you let us know in advance and we agree. You must pay for coaching every month.

You must be a member of Redhill Tennis Club to take part in coaching and we can refuse participation in the session if a player is not a member.

We can use your personal information to manage your account, carry out customer-care activities and train our staff. If you do not wish for pictures to be used on social media please let us know. Email [accounts@boomcoaching.co.uk](mailto:accounts@boomcoaching.co.uk) if you wish to change these terms.

# LET'S GET ON COURT!



## Select a coaching group that suits your schedule

Red groups are for 4-7 year olds

Orange groups are for 8-10 year olds

Green groups are for 10-11 year olds

Yellow is for 11+

### Monday

4:30 - 5:30pm - Orange

5:30 - 6:30pm - Green

6:30 - 7:30pm - Yellow

### Tuesday

4:00 - 5:00pm - Orange

5:00 - 6:00pm - Green

6:00 - 7:00pm - Yellow

### Wednesday

4:00 - 5:00pm - Red

5:00 - 6:00pm - Orange

6:00 - 7:00pm - Yellow

### Thursday

4:00 - 5:00pm - Red

5:00 - 6:00pm - Orange

6:00 - 7:00pm - Green

### Friday

4:00 - 5:00pm - Red

5:00 - 6:00pm - Orange

6:00 - 7:00pm - Yellow

6:00 - 7:00pm - Red, Orange, Green  
Social Night

### Saturday

9:00 - 10:00am - Red

10:00 - 11:00am - Orange

11:00 - 12:00pm - Green

12:00 - 1:00pm - Yellow

1:00 - 2:00pm - Yellow (13+ years old)

## Now you've selected your group here's the extras!

### Friday Night Social - 6:00-7:00pm : Red, Orange, Green

All our juniors are invited down each Friday regardless of age or standard to play team Tennis games, social Tennis matches and have some fun! Bar is open for grown ups.

### Sunday Competition - 2:00-4:00pm : All players

Once your player can score and serve they're invited to join in the competition each Sunday. You have to turn up at 1:55pm to sign in with the competition organiser who then makes a draw and officiates. The winner of each week gets points which are converted into prizes, free lessons and much more.

Players Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Telephone \_\_\_\_\_

Email Address \_\_\_\_\_



## Boom Coaching

Adult Coaching - Several groups are available throughout the week and at weekends so why not come down and give them a try? It's £10 for 90 minutes.

Email us for your free trial

## Redhill Lawn Tennis Club

Social Tennis, Competitive Teams, Great fun and Coaching are all available to members of Redhill LTC.

Why not join today visit

[www.redhiltennisclub.co.uk](http://www.redhiltennisclub.co.uk)



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